



Sprouting Seeds

Activity - Sprouting Seeds

Supplies:

Baggies with moist towels, duct tape
 Pots, dirt
 Variety of fast sprouting seeds (bean, sunflower, radish)

Method:

Put a damp paper towel in a baggie and staple across halfway. Place seeds inside and seal.
 Sow other seeds in pots of dirt.
 Observe and record which seeds sprout first and effects of water, light, soil and seed type.

Suggestions:

Hang resident's seeds in baggies on dining room window so they can watch them sprout. Pot them the next week.
 Decorate plain labels with seed/plant type and grower's name to identify.

Intentions:

Bringing nature in
 Linking to past memory of gardens grown
 Provoking anticipation and predictions

Curriculum Links:

Science, Oral Language, Healthy Foods

Stories:

Miss Rumphius, B. Cooney
 And The Good Brown Earth, K. Henderson

Songs: Garden Song/Inch by Inch

Each of Us is a Flower
 both by C. Diamond

Snack: Vegetable dip with fresh vegetables

Extension - taste test of store bought vs garden picked vegetables

Conversation Starters:

Have you ever had a garden?
 If so, what did you grow?
 How did you preserve produce for over winter?